



Healthy Boundaries

8th Grade Curriculum Crosswalk

2023-2024

**Component: Mental,
Emotional, and Social Health;
Subcomponent: Core**

- 8.MESH.2: Identify a variety of nonviolent ways to respond when angry or upset.
- 8.MESH.3: Analyze techniques that are used to pressure someone to engage in or be a target of violent behavior
- 8.MESH.4: Analyze situations that may call for acts of caring among friends or require getting help from trusted adults
- 8.MESH.5: Create a plan to seek help for a mental, social, or emotional health problem from trusted adults for self or others
- 8.MESH.6: Design nonviolent solutions to conflicts based on respect for others
- 8.MESH.7: Utilize family, school, and community resources to avoid or reduce mental, social, and emotional health risks (e.g., bullying, harassment).
- 8.MESH.8: Differentiate between the need for individual or collaborative decision making and identify circumstances that can support or hinder decision-making and goal setting.
- 8.MESH.9: Analyze how personal health goals can vary with changing abilities, priorities, and responsibilities.

<p>Component: Safety and Prevention; Subcomponent: Disease Prevention</p>	<p>- 8.SP.1: Identify the relationship between participation in risky behaviors and contracting communicable disease</p>
<p>Component: Safety and Prevention; Subcomponent: First Aid</p>	<p>- 8.SP.5: Evaluate individual, group, and societal influences that promote positive and negative health behaviors.</p>
<p>Component: Safety and Prevention; Subcomponent: Technology Safety</p>	<p>- 8.SP.6: Compare and contrast health information gathered from various sources. - 8.SP.7: Analyze the possible legal consequences of improper social media usage.</p>
<p>Component: Safety and Prevention; Subcomponent: Prevention</p>	<p>- 8.SP.8: Demonstrate de-escalation techniques used in threatening situations. - 8.SP.9: Develop strategies to remain unharmed when confronted with dangerous situations at home, school, and in the community.</p>
<p>Component: Human Growth and Development; Subcomponent: Anatomy and Physiology</p>	<p>- 8.HGD.1: Describe how personal choice impacts bodily systems. (e.g., risky behaviors) - 8.HGD.2: Analyze how internal and external influences affect growth and development, relationships, and sexual behavior.</p>

<p>Component: Human Growth and Development; Subcomponent: Puberty and Adolescent Development</p>	<ul style="list-style-type: none"> - 8.HGD.3: Explain how culture, media, and other factors influence perceptions about body image, gender roles, and attractiveness - 8.HGD.4: Identify the physical, social, and emotional changes that occur during puberty (e.g., menstrual cycle, reproductive system, conception).
<p>Component: Human Growth and Development; Subcomponent: Pregnancy and Reproduction</p>	<ul style="list-style-type: none"> - 8.HGD.6: Describe social, emotional, and economic impact associated with teen parenting (e.g., perspective of the teen mother, teen father, parents of teens) - 8.HGD.7: Explain how conception occurs, stages of pregnancy, and the responsibilities associated with parenting. - 8.HGD.8: Identify reasons for abstaining from sexual activity (e.g., unplanned pregnancy, infection, infertility, and lifelong illness).
<p>Component: Human Growth and Development; Subcomponent: Sexually Transmitted Infections/ HIV</p>	<ul style="list-style-type: none"> - 8.HGD.10: Analyze ways pathogens and diseases are spread, prevented, and managed - 8.HGD.12: Compare and contrast behaviors, including abstinence, to determine potential risk of STI/HIV transmission - 8.HGD.14: Analyze how changes in family structure can impact personal decision making. - 8.HGD.17: Evaluate the influence of media on personal values, attitudes, and beliefs.