



# Healthy Boundaries

## 7th Grade Curriculum Crosswalk

### 2023-2024

<p><b>Component: Mental, Emotional, and Social Health Subcomponent: Core</b></p>	<ul style="list-style-type: none"> <li>- 7.MESH.2: Discuss the harmful effects of violent behaviors, and describe the similarities between them (e.g., bullying, hazing, fighting, verbal abuse).</li> <li>- 7.MESH.3: Describe the influence of culture on family values and practices.</li> <li>- 7.MESH.4: Identify trusted adults to report to if individuals are in danger of hurting themselves or others.</li> <li>- 7.MESH.5: Practice asking a trusted adult for help with mental, social, or emotional health problems.</li> <li>- 7.MESH.8: Apply goal-making process to a variety of situations that impact all areas of health.</li> <li>- 7.MESH.9: Describe how poor decision making can impact personal goals.</li> </ul>
<p><b>Component: Safety and Prevention Subcomponent: First Aid</b></p>	<ul style="list-style-type: none"> <li>- 7.SP.5: Analyze how media influences impact health behaviors.</li> </ul>
<p><b>Component: Safety and Prevention Subcomponent: Technology Safety</b></p>	<ul style="list-style-type: none"> <li>- 7.SP.7: Research the safe uses of social media and identify possible negative consequences of improper uses.</li> </ul>



<p><b>Component: Safety and Prevention</b> <b>Subcomponent: Prevention</b></p>	<p>- 7.SP.11: Demonstrate through varying mediums how health can be impacted by individual choices.</p>
<p><b>Component: Human Growth and Development</b> <b>Subcomponent: Anatomy and Physiology</b></p>	<p>- 7.HGD.1: Analyze and explain the impact of personal health behaviors on the functioning of the human body. - 7.HGD.2: Describe the human cycle of reproduction, birth, growth, aging, and death.</p>
<p><b>Component: Human Growth and Development</b> <b>Subcomponent: Pregnancy and Reproduction</b></p>	<p>- 7.HGD.6: Compare and contrast the effects of teen pregnancy on personal health. - 7.HGD.7: Describe how puberty prepares the human body to reproduce. - 7.HGD.8: Identify the positive benefits of abstinence from sexual activity outside of marriage.</p>
<p><b>Component: Human Growth and Development</b> <b>Subcomponent: Sexually Transmitted Infections/ HIV</b></p>	<p>- 7.HGD.10: Describe ways diseases are spread and prevented. - 7.HGD.14: Identify how familial and personal values and beliefs affect future decisions. - 7.HGD.15: Compare and contrast the characteristics of healthy and unhealthy relationships. - 7.HGD.17: Identify how media influences personal values, attitudes, and beliefs of relationships.</p>

